

THE
 **CONTOUR**
CLUB

**DETOX SUIT
USER
MANUAL**

DETOX SUIT



MAIN FUNCTIONS

This system combines functions of Far infrared ray (FIR) heating and Airpressure massage therapy.

Air pressure therapy is also known as pressotherapy, targeting the whole body to promote blood circulation aiming to eliminate body muscle tiredness, tighten the skin and improve the body's metabolic system

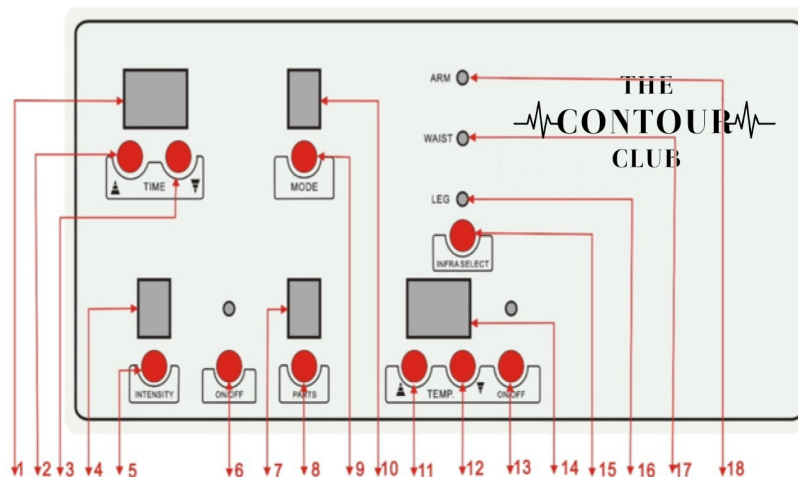
Far infrared heating further helps speeding up body discharges sweat so that to get rid of toxins, quickly burns redundant fatness/cellulite. Both combination, it can achieve the effects of weight loss body contouring and health-keeping.

BENEFITS

- Performs lymphatic drainage sequence
 - Burns fat to aid weight loss
 - Contours body and keeps your client fit
- Perspiration & detoxification, expel heavy metals, promotion of metabolism
- Relieve rheumatism and cold, unclog the meridian, reduces body fatigue and relieving stress
- Optimise the blood cells and body tissues, improving overall body immunity
 - Promote and stimulate blood flow
 - Enhance medication/nutrition absorption

USER DISPLAY

1. TIMER
- 2,3.TIME UP/DOWN
- 4.AirPressure INTENSITY
- 5.INTENSITY select
- 6.Airpressure ON/OFF
- 7.Massage PARTS
- 8.PARTS select
- 9.MODE select
- 10.Massage Mode
- 11,12.Temperature UP/DOWN
- 13.Infra ON/OFF
- 14.Temperature Display
- 15.Infra select
- 16.LEGS Infrared
- 17.WAIST Infrared
- 18.ARMS Infrared



USER DISPLAY

Step 5:

Select - MODE

Choose 1-The airpressure squeezes 2 seconds, then relieves for 1 second

Choose 2-The airpressure squeezes 4 seconds, then relieves for 1 second

Choose 3-The airpressure squeezes 6 seconds,then relieves for 1 second

Choose 4-The airpressure squeezes 8 seconds, then relieves for 1 second

Choose 5-The airpressure squeezes 10 seconds, then relieves for 1
second

Choose 6-The airpressure squeezes 12 seconds, then relieves for 1
second

Step 6:

Choose INTENSITY (There are 1-7 levels for selection)

Step 7:

Press ON/OFF, the airpressure begins to work.

Step 8:

Press ON/OFF, the airpressure is paused.

USING THE SUIT

1. Connect the infrared wires of ARM, WAIST AND LEG to the according outlet.
2. Press INFRAR SELECT, the ARM's indicator lamp is on.
Set the desired temperature for ARMS.
 - Press ON/OFF, the infrared heating of ARMS begins to work
 - Press again ON/OFF, the infrared heating of ARMS begins to work
3. Press INFRAR SELECT, the WAIST's indicator lamp is on.
Set the desired temperature for WAIST.
 - Press ON/OFF, the infrared heating of WAIST begins to work
 - Press again ON/OFF, the infrared heating of WAIST begins to work
4. Press INFRAR SELECT, the LEG's indicator lamp is on.
Set the desired temperature for LEGS.
 - Press ON/OFF, the infrared heating of LEGS begins to work
 - Press again ON/OFF, the infrared heating of LEGS begins to work.
5. After making above operations, temperature of each part is going up, slowly you can feel the heat.
6. Turn off the power when stop using the system, pull off the accessories and store the product well.
Important.
 - If machine shows 'EO', this means that it is not connected; temperature cannot be adjusted.
 - Temperature of each part can be differently set.
 - Temperature of each part can work independently or can work at the same time.

INFRARED OPERATION

Voltage Supply	AC220V-240V/50Hz or AC100-110v/60Hz (Optional)
Power Supply	600W
Max Time	90 mins
Temp.	35°C to 80°C, optional
AirPressure INTENSITY	1-7 levels, adjustable
Massage PARTS	LEGS, FEET, WAIST, ARMS
Massage Mode	1, 2, 3, 4, 5, 6
Machine Dimension	45(L)*30(W)*20(H)
Costume Size	LARGE
Net.Weight	12.5KGS
Gross.Weight	14.0KGS(All accessories included)
Packing Dimension	56*37*37(cm)

CAUTIONS

- The suggested using time is 40 minutes each time.
- Never pull out the power plug or other connected pipes as the machine is power on.
 - No sharp objects near machine.
- DO NOT USE if there are faults and contact supplier - info@contourclub.co.uk, may cause electric shock.

CONTRAINDICATIONS

- Pregnant women.
- Women who have not completely recovered from childbirth.
- Women with menstruation.
- People with high blood pressure.
- People with heart disease and serious diabetes.
- People with serious skin diseases.
- People with metal rack inside the body.

PACKING LIST

- Machine Controller
1 (set).
- Costume
1 (piece).
- AirPipes
1 (set).
- Power Wire
1 (piece).
- Spare Fuse
2 (piece).
- English Manual Instructions
1 (copy).

